

“Here is My Way of Making the Meditations”

Compiled by The Fatima Crusader

We are fortunate to have for our instruction an account of how Sister Lucia herself made the Five First Saturdays.

It must be remembered that a central aspect of this devotion is to “keep Our Lady company for fifteen minutes”. It is not necessary to meditate on all fifteen mysteries of the Rosary during each fifteen-minute period, but one or two of the mysteries can be chosen. Sister Lucia wrote the following in a letter to Father Martins:

“Here is my way of making the meditations on the mysteries of the Rosary on the first Saturdays: First mystery, the Annunciation of the Angel Gabriel to Our Lady. First prelude: to imagine myself seeing and hearing the Angel greet Our Lady with these words:

“‘Hail Mary, full of grace.’

“Second prelude: I ask Our Lady to infuse into my soul a

profound sentiment of humility.

“1st point: I will meditate on the manner in which Heaven proclaims that the Most Holy Virgin is full of grace, blessed among all women and destined to become the Mother of God.

“2nd point: The humility of Our Lady, recognizing Herself and declaring Herself to be the handmaid of the Lord.

“3rd point: How I must imitate Our Lady, in Her humility, what are the faults of pride and arrogance through which I most often displease the Lord, and the means I must employ to avoid them, etc.

“On the second month, I make the meditation on the second joyful mystery. The third month, I make it on the third joyful mystery and so on, following the same method of meditating. When I have finished the Five First Saturdays, I begin five others

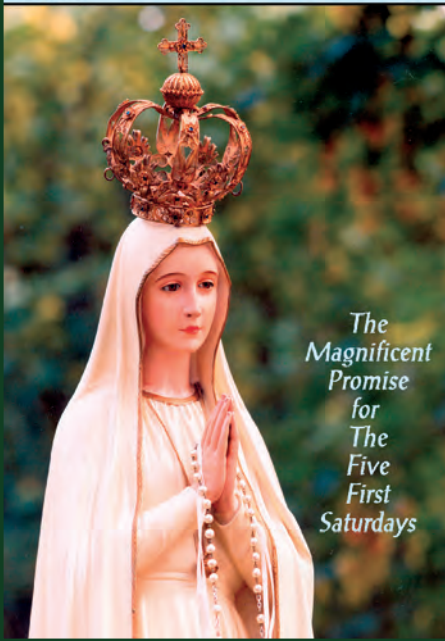
and meditate on the sorrowful mysteries, then the glorious ones, and when I have finished them I start over again with the joyful ones.”

Sister Lucia has given us an example. She tells us of the great need for reparation, and of Our Lady’s request to repair for the countless blasphemies of ungrateful men,

whose sins are thorns piercing Her Immaculate Heart. When we consider all this, and the great promise of salvation to those who fulfill the simple conditions, we will certainly resolve to fervently practice the devotion of the Five First Saturdays, not only once, but regularly throughout our lives. **FC**

THE FATIMA CRUSADER

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*The
Magnificent
Promise
for
The
Five
First
Saturdays*

The Magnificent Promise for The Five First Saturdays

Sister Lucy explains the Reparatory Devotion of the Five First Saturdays.

Here is the first “Secret of Mary” which we must discover and understand. It is a sure and easy way of tearing souls away from the danger of hell – first our own; then those of our neighbors; and even the souls of the greatest sinners, for the mercy and power of the Immaculate Heart of Mary are without limits.

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